

Trust Board:

How can I help our Trust board to be more sustainable?

The NHS recognises that we need to be more sustainable in what we do, and has set tough targets to get us there. Trust boards are busy, dealing with so much, so they need us to help:

Super Simple

- Email your CEO to say you are concerned about sustainability. Why not share [what other trusts have been doing?](#)
- Meet with your CEO or General Manager to express your concerns (take a likeminded friend too!).
- Set up a Sustainability Group amongst staff to share ideas.

Diving Deeper

- Present at staff and clinical governance meetings. Just five minutes; make the point that sustainability is a healthcare issue.
- Ask to see, or assist with, the Trust's Green Plan. It's mandated by NHS England that each Trust has one. <https://www.england.nhs.uk/greenernhs/>.
- Be a "green champion" for your department – and encourage others to do the same. Make sure your lights are off overnight, waste bins used correctly...

Eco Expert

- Has your Trust declared a climate and ecological emergency yet?
- Look at the targets in your Green Plan – alert management if they look unlikely to be met...
- Encourage your Trust to appoint a sustainability lead.

Thanks for reading! Share your successes and ideas with us:

Find the Environmental Sustainability Group on the IPEM website and IPEM Communities of Interest:

<https://www.ipem.ac.uk/>

<https://my.community.ipem.ac.uk/home>



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