

How can we improve our hospital environment to be patient friendly and environmentally sustainable?

We all need to be warm enough in winter and cool enough in summer without wanting to waste energy and resources to do so! Pockets of green space around our healthcare centres can also be great for patient well-being and the environment. Here are some ideas that could help make the most of your buildings and green spaces:

Super Simple

- Heating stuck on? Windows don't shut? Call your facilities team and get it fixed!
- Publicise the value of green spaces to patients and staff
- Create a walk around green spaces in, or accessible from, the hospital
- Raise sustainability issues during staff engagement for building and refurbishment projects

Diving Deeper

- Push for greener buildings, considering improved insulation to reduce the need for heating and cooling, water saving measures and turning off heat curtains over the doors during the warmer months.
- Create a network of "wildlife champions" to develop your green spaces – can you reduce litter, add wildlife friendly plants and make space for people to enjoy it?

Eco Expert

- All new buildings and refurbishment projects designed to be carbon neutral and water efficient including rainwater capture
- Get a Nature Recovery Ranger for your green spaces (see the Centre for Sustainable Healthcare)

Thanks for reading! Share your successes and ideas with us:

Find the Environmental Sustainability Group on the IPEM website and IPEM Communities of Interest:

<https://www.ipem.ac.uk/>

<https://my.community.ipem.ac.uk/home>



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