

Transport:

How can we get our people and goods where they need to be without harming the planet?

There are a lot of people and goods transported every day to make the NHS work. Did you know that NHS staff, patients and goods clock up 9.5 billion road miles every year? Here are some things you could do to minimise the bad effects of this:

Super Simple

- Ask for meetings to be online where possible.
- Make information about public transport links widely available to staff and patients.
- Get some good, secure bicycle parking. What about a cycle-to-work scheme?

Diving Deeper

- If you can, walk, cycle or use public transport to get to work. You'll arrive calmer too!
- Team up with your local cycle club to arrange a cycle repair / awareness-raising event at your hospital. Coffee and snacks will get people there!
- Ask for electric car charging points in your hospital car park for staff and patient use, and for discounted parking fees for electric vehicles.

Eco Expert

- Press for a change to electric vehicles for your Trust's fleet (it can be done!).
- Is your Trust multi-site? What gets couriered between sites? Can this be optimised by sharing couriers between departments? You'll save money too!
- Reimburse travel expenses at a higher rate for public transport users.

Thanks for reading! Share your successes and ideas with us:

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<https://www.ipem.ac.uk/>

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