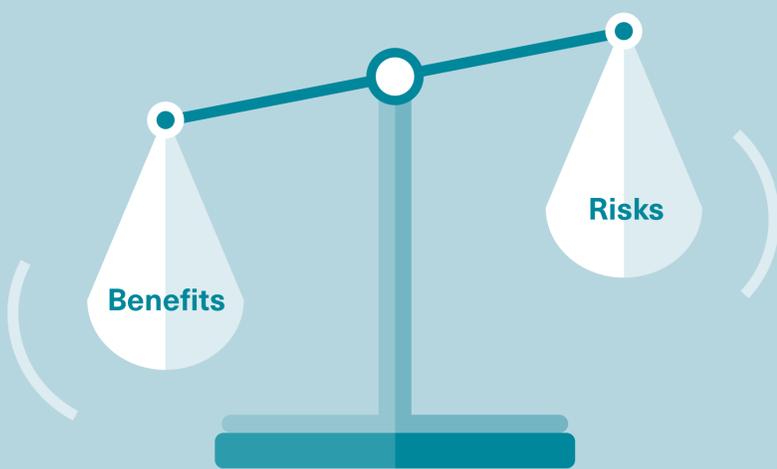


# Your X-ray test

## Your health

- An X-ray is a quick and painless way of taking images of your body to help us make a diagnosis so you can get the right treatment.
- X-rays are very good at demonstrating broken bones and other conditions in the body.
- You will be looked after by a trained specialist, usually a radiographer, to make sure you are safe.



## Radiation

- X-ray images are produced using ionising radiation.
- Everyone receives ionising radiation every day from radioactivity in the air, food that we eat and even from space.
- The amount of radiation associated with your X-ray is small and the associated risk of harm is very low.
- A specialist has agreed that an X-ray is the best examination for you compared to other tests and the benefit of having it outweighs the risk from the radiation.

## Our staff and equipment

- Staff are trained to take the best possible images using the lowest amount of radiation.
- Equipment is regularly checked to make sure the test is safe and effective.
- Our trained staff are able to explain the benefits and risks of your X-ray.



## Your test

- Please tell us BEFORE your test if there is any chance you may be pregnant.
- Our staff will tell you when and how you will receive the results of your X-ray.
- You will not have any radiation in your body after the X-ray.

**We are here to make sure your test is right for you, so let's talk!**

If you have any questions, or if you would like us to use specific language to describe your sex, gender, identity or anatomy, please speak to a member of staff in confidence.

Produced by the Clinical Imaging Board, a collaboration between the Institute of Physics and Engineering in Medicine, The Royal College of Radiologists and the Society and College of Radiographers.